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精神健康中心
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CAPE counsellors 輔導員

Dr. Hung Suet Lin Shirley 洪雪蓮博士

Dr. Hung Suet Lin Shirley, an experienced social worker, is the Associate Professor of the Department of Social Work, Hong Kong Baptist University. Her practice is mainly of narrative therapy. She completed an international post-graduate diploma in narrative therapy which was organized by the Dulwich Centre in 2010. In 2015, she graduated from the University of Melbourne with Master of Narrative Therapy and Community Work (First Class Honours). For many years, she has been working with women who suffer from trauma and recently starts to work with men using gender perspectives. She is at present a Certified Counselor and Approved Counseling Supervisor of the Hong Kong Professional Counseling Association.

洪雪蓮博士，資深社會工作者，香港專業輔導協會認證輔導員及認可督導員，一直從事敘事治療。她於2010年完成澳洲達維爾中心的敘事治療學位後文憑課程，並於2015年完成麥爾本大學開辦的首屆敘事治療及社區工作碩士課程(一級榮譽)。多年來，她主要為受創傷的女性提供輔導，近年開始採用性別角度提供男士輔導。她現為香港浸會大學社會工作系副教授、副系主任及社會工作實踐及精神健康中心主理。



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Ms. Brenda Koo Wing Sze 古詠思女士

R.S.W., C.T., B.S.W., M.Soc.Sc.

Ms. Brenda Koo received her Bachelor of Social Work and Master of Social Science from the University of Hong Kong. She has been a registered social worker since 1997, an ADEC certified Thanatologist since 2004. From 1997-2010, she offered counseling services to the end-of-life patients and the bereaved persons in a local NGO. She joined the Department of Social Work, HKBU in 2012 as a part-time field work supervisor. Apart from supervising the counselor trainees at Hong Kong Baptist University, she also offers counseling to individuals and families in private practice. In her clinical practice, she is particularly experienced in working with children and families who encounter the death of a loved one.

Besides, Brenda has conducted numerous training for different local governmental departments, NGOs, schools and hospitals over the years. She has offered continuing education to the professionals on life and death education, end-of-life and bereavement care in the community since 2012.

古詠思女士先後於香港大學獲社會工作學士及社會科學碩士學位，現為本港註冊社工及美國死亡教育及輔導學會(Association for Death Education and Counseling)的認可死亡學家(Certified Thanatologist)。於本港非政府機構輔導臨終病者及其家屬和痛失摯親的喪親人士十多年，對協助面對摯親離世的孩子別具心得。自2012起，古氏於浸會大學社會工作學系出任兼職實習督導老師，負責督導輔導實習生的臨床實習。同時，古氏亦為有需要的個人及家庭提供輔導服務。

多年來古氏亦為本港不同的團體舉行生死教育和喪親輔導的訓練，自2012年起，古氏於社區內推行臨終關懷和喪親輔導的專業培訓課程。



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Ms. LAM Chi Ha, Laura 林志霞小姐

- Approved Counselling Supervisor and associate fellow of the Hong Kong Professional Counselling Association
- Registered clinical supervisor and registered counselor of Asian Professional Counselling and Psychology Association.
- Master degree in Counselling (University of South Australia)
- Master degree in Education Research Methods (University of Western Australia)
- Bachelor degree in Child and Youth Counselling with distinction (University of Victoria)
- Qualified teacher with Hong Kong Teacher's Certificate at Northcote College of Education
- Experienced speaker, counselor and counselling supervisor.

Laura has rich experience to provide counselling to the following clients:

Mental health counselling (depression/ mania/ manic-depressive disorder/ anxiety/ post-traumatic stress disorder), life crisis, stress, family counselling, marriage counselling, child and youth counselling, play therapy with special education need children.

- 香港專業輔導協會認可輔導督導
- 香港專業輔導協會副院士
- 亞洲專業輔導及心理協會註冊臨床督導
- 亞洲專業輔導及心理協會註冊輔導員
- 南澳大學輔導碩士
- 西澳大學教育碩士
- 維多利亞大學兒童及青少年輔導學士 (優異成績)
- 羅富國教育學院證書
- 資深講員，心理輔導員及輔導督導

林志霞具備多年經驗輔導以下事主：

情緒心理治療(抑鬱/ 躁狂/ 躁鬱/ 焦慮/ 創傷後遺症)，危機處理，壓力，家庭輔導，婚姻輔導，兒童及青少年輔導，特殊學習需要兒童遊戲輔導。



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CAPE counsellors 輔導員

Dr. Timothy Lam 林安佑博士

Professional Qualifications

- Doctor of Clinical Psychology (AIU, USA)
- Registered Clinical Psychologist (Australia and Hong Kong)
- Member of American Psychological Association

Dr. Tim provided services for several social welfare organizations and clinics in China, Australia and Hong Kong. He also taught psychology courses and conduct clinical supervisions in tertiary institutions and Bible seminaries in Hong Kong. He can speak fluent English, Putonghua and Cantonese and has good knowledge about the cultures in Australia, mainland China and Hong Kong. Dr. Tim is experienced in treating mood disorders, trauma and addiction problems, as well as helping clients in their relationship issues and personal development. He may also provide Christian counselling on client's request.

專業資格

- 臨床心理學博士 (美國加州專業心理學院)
- 註冊臨床心理學家 (澳洲和香港)
- 美國心理學協會會員

個人簡介

林安佑博士曾在中國、澳洲和香港的各大社福機構和診所執業，能說流利的普通話，英語，和廣東話，熟悉中國內地、澳洲、及香港三地的文化和社會心理問題。林博士曾在香港大專院校和神學院任教心理學課程和督導臨床實習，擁有多年豐富的心理治療，以及培訓和督導的經驗。他擅長治療各種情緒疾病、心理創傷、成癮問題，也善於處理個人成長，和人際家庭關係的問題，亦可以應求助者的要求提供以基督信仰為本的輔導服務。



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Dr. LAU Mei-kuen, Cora 劉美娟博士,
Clinical Psychologist 臨床心理學家

Professional Qualifications

Doctor of Clinical Psychology, California School of Professional Psychology, AIU

MA in Clinical Psychology, California School of Professional Psychology, AIU

Registered Clinical Psychologist, Hong Kong Association of Doctors in Clinical Psychology

Master in Social Work (Hong Kong Baptist University)

Bachelor in Social Work (The Hong Kong Polytechnic University)

專業資格

臨床心理學博士 (美國加州專業心理學院)

臨床心理學碩士 (美國加州專業心理學院)

註冊臨床心理學家 (香港臨床心理學博士協會)

社會工作碩士 (香港浸會大學)

社會工作學士 (香港理工大學)



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CAPE counsellors 輔導員

Dr. Catherine L. Y. Leung 梁麗儀博士

Lecturer, Department of Social Work, Hong Kong Baptist University

BSW, LLB, MPhil, MAPPsy, MCS, PhD.

Registered Social Worker, SWRB

Dr. Catherine Leung possesses the first Degree and Doctoral degree in Social Work and various Master degrees in the areas of Sociology, Applied Psychology and Christian Studies. She had been a youth worker for years in different fields including children and youth centre, outreaching social work, school social work and girls' homes. Dr. Leung also received training in different counselling approaches including the Cognitive Behavioral Therapy, Eye Movement Desensitization Reprocessing, Hypnosis, Emotion-Focused Therapy and Narrative Therapy. She has worked with people suffering from depression, anxiety, schizophrenia, phobia, trauma, parent-child conflicts and personal development issues. Dr. Leung is now teaching courses related to youth work and counselling in Hong Kong Baptist University.

梁麗儀博士曾接受社會工作、社會學、應用心理學及基督教研究等之訓練。梁博士具多年青少年工作經驗，服務範疇包括兒童及青少年中心、青少年外展社會工作、學校社會工作及女童院等。梁博士曾接受的輔導訓練包括理性行為療法、眼動減敏重整療法、催眠、情緒中心療法及敘事治療等。過去曾處理的個案類型包括抑鬱、焦慮、精神分裂、恐懼症、創傷、親子衝突及個人成長困難等。梁博士現於浸會大學社會工作系任教青年工作及與輔導有關之課程。



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Ms. Lo Oi Yuet, Ann 盧愛月女仕

Master of Science In Mental Health (CUHK)

香港中文大學醫學院精神健康碩士

Master of Social Work (HKU)

香港大學社會工作碩士

Register Social Worker 註冊社工

Family Therapy Cert. (Ackerman and YMMSS)

家庭治療證書(美國艾克文家庭治療學院及循道衛理楊震社會服務處)

Ann is currently the senior counselor and service planning manager of her founded Counseling Office - 'Heartlinks' since 2007 and being an instructor in Social Work Department of Hong Kong Baptist University. She has extensive experiences in working with difficult youth, marital and family problems, and with particular commitment to work for individual and families with mental health issues across her 30 years career life working as outreaching and family social worker as well as mostly the counselor in Catholic Marriage Advisory Council, Counseling Unit of Yang Memorial Methodist Social Service and Heartlinks. In between, she has been trained and deeply influenced by the Satir Model, Systemic Family Therapy and Narrative Therapy.

Since 2006, Ann has also started to participate in training, education and supervisory work for social work and counseling students in Hong Kong Baptist University and City University of Hong Kong.

盧愛月女仕是聆心個人及家庭發展輔導坊的資深輔導員,服務策劃經理及創辦人,並於香港浸會大學社會工作系受聘為導師。盧女仕在其長達三十的專業工作生涯中,先後任職於香港基督教教女青年會,香港公教婚姻輔導會,循道衛理楊震社會服務處輔導服務部及創辦的聆心個人及家庭發展輔導坊,從事直接服務遇有困難之青少年、婚姻和家庭問題,尤以提供具成效的心理治療服務予被精神健康問題困擾的個人及家庭為使命。專業發展期間,更深受沙提雅(Satir Model)及艾克文(Ackerman)家庭治療模式,和已故米高懷特(Michael White)的敘事療法之訓練和影響。

在專業訓練、教育和督導經驗方面,盧女仕曾於2006年起為香港城市大學及香港浸會大學之社會工作、輔導學科擔任兼職講師及實習督導。



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Mr. S.H. NG, John 吳兆雄先生
Registered Social Worker

Mr. John Ng has joined the Department of Social Work, HKBU in 2012. Before that, he was a social worker in the children and youth service for more than twenty eight years. He has worked closely with children and young people, especially those with developmental needs and personal growth issues. Mr. Ng was also experienced in working with parents having problems in their parent-child relationship and parenting. He regularly conducted talks and workshops for parents in helping them to improve their parent-child communications.

Mr. Ng is currently the lecturer of the Department of Social Work and engages in the training of social workers. He is also the member of the Social Work Practice and Mental Health Centre and also the Centre for Youth Research and Practice of the Hong Kong Baptist University and is interested in the research area of youth work.

吳兆雄先生現任教於香港浸會大學社會工作系，在此之前，吳先生曾於本港非政府機構之兒童及青少年服務單位任職社工達廿八年之久，為一資深的專業社工。在此期間，吳先生主要為兒童及青少年提供成長上及個人發展上的輔導工作。吳先生對家長工作亦素的心得，在社區及中小學校內推行不少家長輔導工作，以協助有需要的家長改善親子關係及親職技巧。

吳先生現為香港浸會大學社會工作系講師，致力於專業社工之培訓。同時亦為香港浸會大學之社會工作實踐及精神健康中心和青年研究實踐中心之成員，並有興趣於有關青少年工作之研究。



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Prof. Petrus Ng 吳日嵐教授

Professor Petrus Ng received his Honours Diploma in Social Work and BA from the Hong Kong Baptist University, MA and PhD degrees from University of Essex and PsyD degree (clinical psychology) from California School of Professional Psychology. A social worker with clinical training, he worked as psychiatric social worker before teaching social work students at the Department of Social Work, HKBU, in 1992. Professor Ng has been using Eye Movement Desensitization Reprocessing (EMDR) therapy in his practice since 2002 and has become EMDR facilitator since 2013. He is also trained as family therapist with Ackerman Institute for the Family in 2002 and has been certified as Qualified Cognitive Therapy by the Academy of Cognitive Therapy in 2006. Apart from teaching social work students at Hong Kong Baptist University, he offers individual and marital counselling to persons and couples experiencing life crisis, anxiety, depression and PTSD, and consultations with NGOs. He has publications on psychiatric rehabilitation and mental health counselling in international journals.

吳日嵐教授先後於香港浸會大學獲社會工作榮譽文憑及文學士學位，後於英國埃塞克斯大學獲社會服務策劃碩士及哲學博士學位，及美國加州專業心理學學院臨床心理學碩士及博士學位。吳教授主修社會工作及精神康復，曾任職精神康復社會工作者。1992年起在香港浸會學院社會工作系任教至今。吳教授有豐富的心理輔導及治療經驗。由2002年開始將眼動重整治療(EMDR)帶到他的治療工作中，及後獲EMDR培訓師資格。2002年完成美國艾克文家庭治療學院家庭治療文憑後開始提供家庭治療。2006年獲得美國認知治療學院認知治療師資格。吳教授輔導專業包括個人及家庭輔導，危機及創傷後壓力症候處理，焦慮及抑鬱治療等。學術研究及論文發表在不同的國際學術期刊。



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Dr. Joseph Siu 蕭柱石博士

Dr. Joseph Siu graduated from Trinity Western University in psychology major and continued his graduate studies at McGill University and Regent College of University of British Columbia before his Doctorate training of Clinical Psychology in Alliant International University.

With years of counseling experience for different populations, Dr. Siu is currently serving as a clinical and counseling supervisor at SCOPE of City University of Hong Kong and Baptist University. Dr. Siu is also passionate about educating public for mental well-being and holds the vitality of whole person (body, soul and spirit) recovery. Dr. Siu has following therapeutic and counseling interests:

- Mood related issues (e.g. depressive & anxiety problems etc.)
- Neurodevelopmental issues (e.g. ADHD & Autism spectrum problems etc.)
- Conduct issues (e.g. Oppositional and deviant behavior problems)
- Family/Marital issues (e.g. Parenting, family conflict and extra-marital affair etc.)
- Addictive issues (e.g. Drug and substance abuse etc.)
- Personality issues (e.g. Schizoid and Borderline traits etc.)
- Other clinical issues (e.g. psychotic, paraphilic and sexual problems etc.)
- Existential issues (e.g. spirituality and life value problems etc.)

蕭柱石博士畢業於聖三一大學心理學系，並在加拿大麥基爾大學及英屬哥倫比亞大學維真學院完成碩士課程，及後於美國阿蘭特大學加州心理學專業學院完成臨床心理學博士學位。

蕭博士輔導工作經驗豐富並曾服務不同需要群體，現兼任香港城市大學專業進修學院及香港浸會大學臨床及輔導實習督導。蕭博士熱衷於精神健康教育的工作，並鼓勵全人（身體，心理和心靈）治療的重要性。蕭博士的輔導治療範圍廣泛，其中關注的諮詢問題列舉如下：

- 情緒障礙（例如抑鬱與焦慮問題）
- 神經發育障礙（例如兒童專注力不足及過度活躍，自閉症群譜問題等）
- 行為障礙（例如青少年對抗性和品行障礙問題等）
- 家庭/婚姻問題（例如管教及婚外情問題等）
- 沉溺上癮的問題（例如吸毒和濫用藥物問題等）
- 性格障礙問題（例如精神分裂型和邊沿性格問題等）
- 其他臨床問題（例如精神病，性偏離/性別問題等）
- 存在/生命問題（例如靈性和生命價值的問題等）



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Dr. Gloria Wong 王藹慈博士

Dr. Gloria Wong graduated from Alliant International University with the Doctor of Psychology (Clinical Psychology) degree in 2011. She has more than 10 years in the mental health field since she completed her Master of Social Science degree (Counselling) in 2004 conferred by the University of South Australia. She specialized in applying Emotions Focused Therapy and Mindfulness related treatment methodology in her clinical work and she draws on the humanistic orientation in her clinical practice.

Apart from the clinical work, Gloria also teaches in various tertiary institutions in psychology related subjects as part time lecturer and she is the clinical supervisor for psychology and counselling students. Gloria specializes in treating mood disorders such as depression, anxiety disorder, obsessive-compulsive disorder ...etc. She has abundant experiences in delivering mental health education programs to the community and parents. Gloria also works with teenagers and elderly in managing various mental health issues.

王博士從事心理輔導工作愈十年，擅長處理各種情緒困擾及病患；對於兒童及青年行為及成長問題、育兒管教及老人精神健康問題亦甚具經驗。於 2004 年獲取南澳洲大學頒授社會科學(輔導學)碩士學位，並於 2011 年獲取亞萊恩國際大學頒發之臨床心理學博士學位。除了臨床實踐外，她亦於大學兼任教導心理學及輔導學相關的科目；並擔任臨床實習導師，指導及培訓學生處理心理、精神困擾，夫妻關係，青少年及老人個案工作。



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Ms. Wong Yau Lin Queenie 黃有蓮女士

Queenie got the Bachelor Degree and the Master Degree with merit in the Hong Kong Baptist University. She is a registered social worker with around 30 years experiences in counselling and case work. At present, she is a part-time fieldwork supervisor of the Master of Social Sciences in Counselling in the Hong Kong Baptist University; and also helps supervising students' practicum in the Bachelor of Social Sciences (Social Work) (Honours) Programme in the City University of Hong Kong.

Queenie had worked in a number of settings including Outreaching service for children and youth, Elderly service, Special School Social Work Service, and Foster Care Service. Her areas of interests include children and youth counselling, marital counselling, family counselling, parenting education, counselling for elders and stress management. With a wide range of life exposures and working experiences, she would employ an open-minded attitude and an integrative approach in her work. Skills from different approaches would be employed in the counselling process, such as Person-centered Therapy, Solution Focused Brief Therapy, Narrative Therapy, Structural Family Therapy, Reality Therapy, and Reminiscence Therapy, etc. according to the needs and character of the client. She would employ the concepts in system theory and takes a holistic view in her case analysis. She believes in human strength and keen at helping one's to find out his/her internal resources to cope with the life difficulties.

擁有香港浸會大學社會工作學士學位，社會工作碩士學位，及註冊社工專業資格。擁有近三十年心理輔導及個案工作經驗，現為香港浸會大學社會科學碩士(輔導)的兼職實習導師,香港城市大學社會工作(榮譽)學士課程的兼職實習導師。

過往工作經驗包括青少年外展服務，老人服務，特殊學校社會工作服務，寄養服務。專長為提供兒童及青少年輔導服務，婚姻輔導，家庭輔導，親職教育，長者輔導和壓力管理等。會因應個案不同需要和特質，運用不同治療法中的輔導技巧以達到輔導效果，例如：個人中心治療，尋解導向治療，敘事治療，結構家庭治療，現實治療，懷緬治療等。會以系統理論為基礎，對個案作出全面分析，也擅於協助案主發掘自己的潛能以解決困難。



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Ms. Angel Yeung 楊穎慧女士

Ms Angel Yeung graduated with a Bachelor's Honors Degree in Social Work from Hong Kong Baptist University and a Master's Degree in Family-centred Practice and Family Therapy from the Hong Kong Polytechnic University. She is a qualified practitioner of Mental Health First Aid, Myer-Briggs Types Indicator (MBTI), Personality Dimension (PD), Projective Drawing, and Neuro Linguistic Programme (NLP). She is also a registered social worker, an associate fellow of the Hong Kong Professional Counselling Association, and a member of Hong Kong Student Services Association.

Ms Yeung has been deeply involved in facilitating students' whole person development. She has many years of direct practice experience, especially in the youth counseling field. Ms Yeung has been working as a school social worker and student counsellor in different educational institutions for over ten years, including primary and secondary schools; vocational and tertiary institutions. Apart from providing clinical counselling services and career guidance for students, Ms Yeung was also playing a role of team leader for the Student Affairs Office, developing strategies for supporting and enhancing students' all-round development. She served as a counseling practicum supervisor and lecturer at HKBU, rendering individual and group counseling supervision to Master students.

楊穎慧女士畢業於香港浸會大學並取得社會工作（榮譽）學士學位，及後於香港理工大學獲取家庭本位實務及家庭治療碩士學位。她是一位註冊社工，並考獲多個認可培訓師及執行師資格，包括精神健康急救課程導師、MBTI 性格類型測試執行師、性格透視培訓師、敘事繪畫治療執行師及身心語言程式學(NLP)執行師。楊女士現為香港專業輔導協會副院士及香港學生事務協會會員。

楊女士從事學生輔導工作逾十數年，專責為學生提供臨床輔導及事業諮商服務，曾分別於本港中小學、職業訓練學院及大專院校擔任學生輔導主任一職，為學生提供臨床輔導及全人發展活動。她亦是學生事務處的主管，負責策劃大專學生事務發展及事業諮詢服務。她於香港浸會大學擔任輔導實習督導老師及講師，為修讀輔導課程的碩士生提供個人及小組臨床督導。



社會工作實踐及
精神健康中心
SWPMHC



CAPE counsellors 輔導員

Dr. Young Kim Wan 楊劍雲博士

Dr. Young, PhD (Bristol University, UK, major in Social Work), Registered Social Workers (RSW), Approved Supervisor of Hong Kong Professional Counseling Association (HKPCA). Dr. Young is currently working as Assistant Professor, Department of Social Work, Hong Kong Baptist University, teaching courses of Master Social Work program, Master of Social Science in Counseling program, and Bachelor of Social Work program, such as psychiatric rehabilitation, child and adolescent mental health, mental health counseling for older people, and cognitive behavioral therapy, as well as supervising students' field work and research project. Moreover, Dr. Young is an experienced social worker and counselor. He has worked in mental health service in Hong Kong for more than 10 years, and is experienced in handling those with severe mental health problems. Also, he has experienced in supervising social workers on their casework and counseling skills. Dr. Young has just published a book, titled: Mental Health Counseling—Theory and Practice, in 2013, which is used as a reference book in the university.

楊劍雲博士於英國 Bristol University 完成博士學位 (主修社工)，註冊社工，香港專業輔導協會認可督導員。現於香港浸會大學社會工作系任職助理教授，講授社工碩士、社工學士和和輔導碩士課程之輔導科目，包括精神復康工作、兒童及青少年精神健康及輔導、長者精神健康及輔導、和認知行為治療等，並督導學生之研究和實習工作。此外，楊博士為資深社工及輔導員，曾於本港精神復康服務工作十多年，對重性精神病患者的個案輔導工作很有經驗，亦曾擔任督導工作，指導前線社工有關個案工作和輔導手法。於 2013 年出版〔精神復康輔導工作—理論與個案〕一書，作為大學的參考書。